

CLIMBING EVEREST: LESSONS FOR A POST-PANDEMIC WORLD

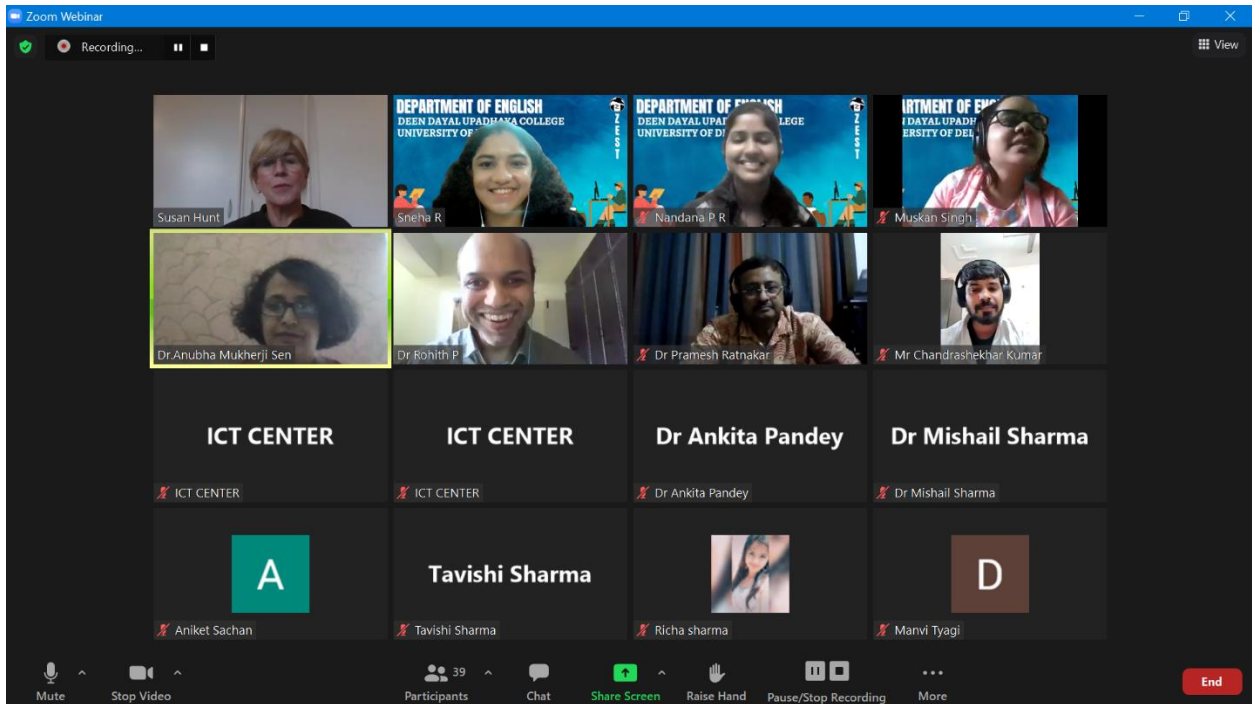
Zest, the Department of English, Deen Dayal Upadhyaya College, University of Delhi, organized the first session of the distinguished Zest lecture series 2021, “Post-Pandemic World: From Pandemonium to Paradise?” on 4th October 2021 at 3 pm on the online platform, Zoom. Its title was “Climbing Everest: Lessons for a Post-Pandemic World”. The speaker was Susan Hunt. Some sixty participated in the program including the Faculty. Dr Rohith P, the Teacher-in-charge, Dr Anubha Mukherji Sen, Dr Jayini Adhyapak, Dr Lalit Kumar, Mr Ranbeer Kumar, Dr Mishail Sharma, Mr Chandrashekhhar Yadav, Dr Pooja Bhardwaj Sharma and Dr Ankita Pandey were also present. Dr. Rohith P was the coordinator and Dr. Pramesh Ratnakar moderated the session. Ms. Sneha R, the President of Zest delivered the welcome speech.

The lecture was a unique opportunity for the participants to understand adventure sports. The speaker, Susan Hunt, spoke about her journey to become a Mountaineer. She shared her various venturesome encounters, including mini-triathlon at the age of 30, her successful completion of *The Ironman*, her aquatic escape in multiple places like Bondi SLSC of New Zealand, Maui Channel Swim in Hawaii, etc. She also shared the importance of having the right team, how her life had changed after the Pandemic and how she missed the thrills because of the lockdown. She shared the Google maps path to the top of Mt Everest and took the participants through each point to the top by sharing anecdotes and pictures. She spoke about how important it is to exit and quit when it is needed.

This was followed by the Question/Answers round where the participants asked her their doubts related to various sports, Pandemic, trekking Mt Everest and how the post-pandemic world would be. The Zest YouTube Team took photos of the session with teachers and students for archiving and records. The event was streamed live on the Zest YouTube channel. The link to the YouTube stream is given below-

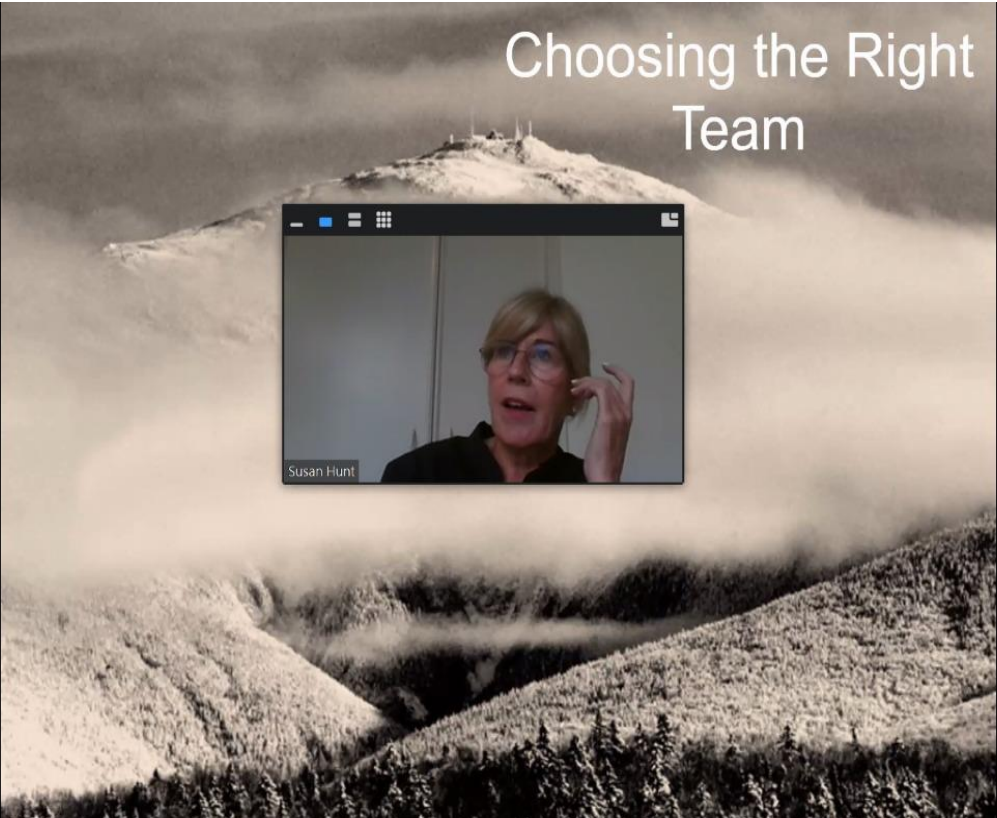
<https://youtu.be/TmTgl650IAc>

The program culminated with a vote of thanks proposed by Nandana P R, the Vice President of Zest.



Recording...

Choosing the Right Team



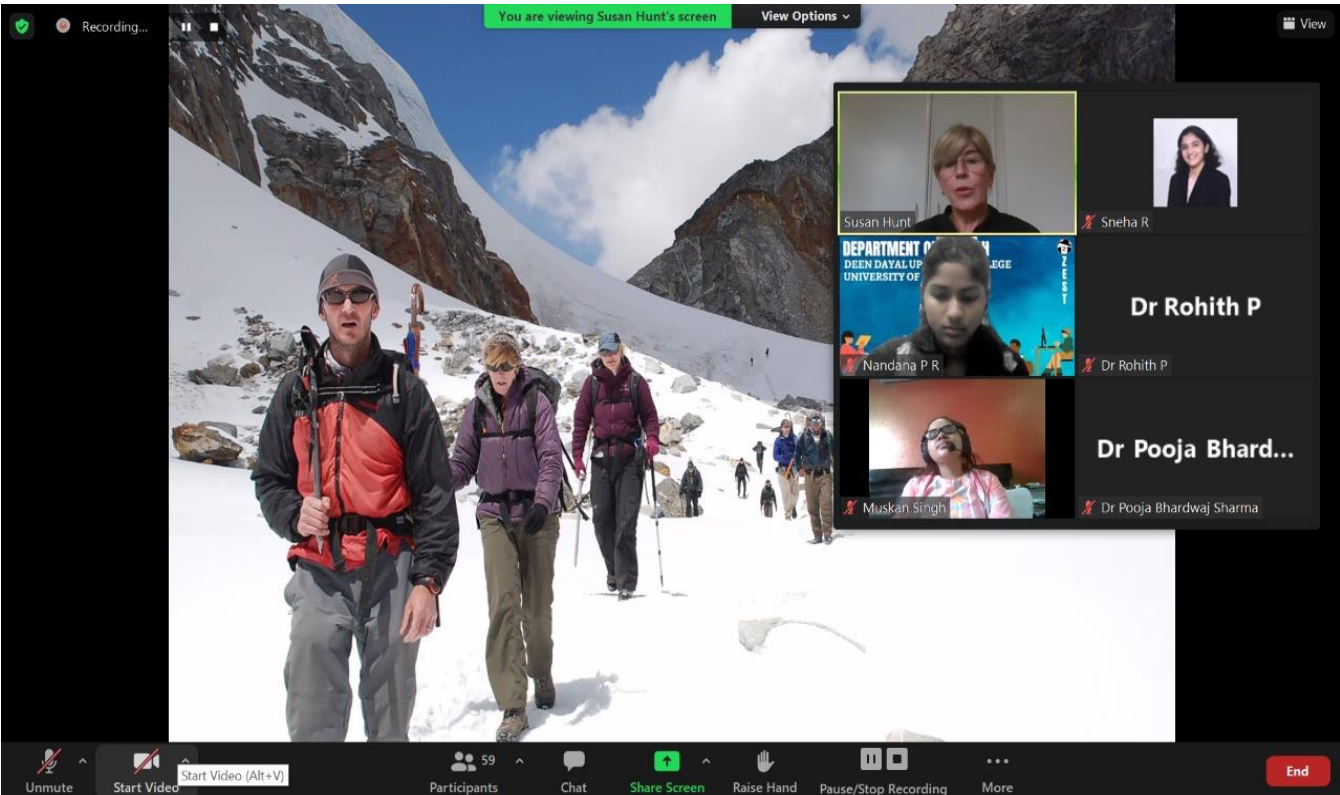
Susan Hunt

Recording...

You are viewing Susan Hunt's screen

View Options

View



Susan Hunt

Sneha R

DEPARTMENT OF ...
DEEN DAYAL UP
UNIVERSITY OF ...

Nandana P R

Dr Rohith P

Muskan Singh

Dr Pooja Bhardwaj Sharma

Unmute

Start Video

Start Video (Alt+V)

Participants 59

Chat

Share Screen

Raise Hand

Pause/Stop Recording

More

End